

Name _____

Search for Health Scavenger Hunt

(July 11 — September 5, 2013)

Tracking Card & Instructions

Destinations (May be completed in any order)	Date of Activity	Verification	
Walk to the new R'garden Take a photo of the garden (A)		Date: _____	Photo: <input type="checkbox"/>
Walk to The Barn and order a healthy item Take a photo of the item you ordered or submit a receipt (B)		Date: _____	Photo or Recpt: <input type="checkbox"/>
Locate a drinking fountain in another building and fill up your water bottle Take a photo of the hydration station /drinking fountain		Date: _____	Photo: <input type="checkbox"/>
Walk through the Botanical Gardens Take a photo with a plant or flower (C)		Date: _____	Photo: <input type="checkbox"/>
Take a walking tour of the campus with a friend Take a photo of 2 places you have not seen on campus		Date: _____	Photo: <input type="checkbox"/>
Visit the Recreation Center Take a photo on the steps outside with a copy of the Leisure Line magazine or other rec. center materials (D)		Date: _____	Photo: <input type="checkbox"/>
Visit the School of Medicine building Take a photo of either the SOM research building or SOM education building (E)		Date: _____	Photo: <input type="checkbox"/>
Visit the new track (feel free to take a lap around it) Take a photo of the track. Track summer hours are 5-8 PM (F)		Date: _____	Photo: <input type="checkbox"/>
Visit the Bell Tower and have a healthy lunch or break Take a photo by the Bell Tower or UCR sign (G)		Date: _____	Photo: <input type="checkbox"/>
Walk to Human Resources to turn in your tracking card and earn rewards! To pick up your reward please make prior arrangements with either Julie Chobdee, Kristie Elton, or Neal Malik (H)		Date: _____	Photo: <input type="checkbox"/>

Step 1

- Register for Search for Health at ucrllearning.ucr.edu

Step 2

- Visit the 10 Destinations listed on your search for Health Tracking Card and mark off each activity as it's completed.
- Email photos and completed tracking card to julie.chobdee@ucr.edu or vanessa.schmidt@ucr.edu

Step 3

After September 5th total your activities and earn rewards for completing your health search!

- Complete 8 out of the 10 activities to earn \$5 dining coupon
- Complete 9 out of 10 activities to earn salad shaker
- Complete all 10 activities to earn travel fitness kit

\$5 dining coupon



Salad Shaker



Travel Kit



To pick up your reward please make prior arrangements with either Julie Chobdee, Kristie Elton, or Neal Malik.